

**ST. PETER'S LUTHERAN CHURCH**

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APRIL 2020**

***The Network***

**St. Peter's Lutheran Church  
April 2020**

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# The Network

APRIL 2020 Issue

## DEADLINE

For submissions to the  
May 2020 Issue  
April 15, 2020

### ST. PETER'S MISSION STATEMENT

Centered in Christ and empowered by  
God's Spirit, we love, grow and serve.

Our core values:

- Christ centered
- Open minded
- Caring
- Welcoming
- Generous

The Rev. Christian G. N. Holleck  
The Rev. Tiffany Nicely Holleck,  
*Co-Pastors*

Cheryl Duerr,  
*Minister of Music*

Lois Thomas,  
*Parish Administrator*

Diane Stauss,  
*Administrative Assistant*

Rebecca Catron,  
*Custodian*

Lydia Holleck,  
*Nursery Caregiver*

#### 2020 Financial Staff:

Ruth Courtnell, *Treasurer*

Don Anderson, *Assist. Treasurer*

Paul Bongfeldt, *Fin. Secretary*

Flora Hall, *Assist. Fin. Secretary*

#### 2020 Church Council:

Don Anderson

Karen Beggs, *Vice President*

Paul Bongfeldt

Bill Crocker

Peg Flood

Judy Langelier

Gary Mann

Marianne O'Boyle

Ken Thomas, *Secretary*

Ursula Wanko

Gretchen Widegren, *President*

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### Affirmation of Welcome

Welcome to new visitors and old friends.

We are a Reconciling in Christ congregation and strive to welcome people of every age and size, color and culture, every sexual orientation and gender identity, socioeconomic status, marital status, ability and challenge.

Welcome to believers and questioners, and to questioning believers. Welcome to all who seek Christ's love and grace.

This is a place where you are welcome to rejoice and lament, seek healing and offer service. Welcome in the name of Jesus.

Church Phone: 508-432-5172

Church Fax: 508-432-5125

Website: [www.stpeterslutherancapecod.org](http://www.stpeterslutherancapecod.org)

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Pastor Christian: [mathew14\\_27@comcast.net](mailto:mathew14_27@comcast.net)

Pastor Tiffany: [calledbyname@comcast.net](mailto:calledbyname@comcast.net)

April 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p><b>Holy Week</b></p>				2 CALL A FRIEND	3	4 READ THE BIBLE
5 Palm Sunday Tune in to Digital Worship 	6 PRAY EVERY DAY 	7	8	9 Holy Thursday	10 Good Friday	11 Easter Vigil
12 Easter Day Tune in to Digital Worship	13	14 CALL A FRIEND	15 SING A HYMN OR WRITE A POEM	16 READ THE BIBLE	17 WRITE A NOTE OR SEND A CARD TO A FRIEND	18 TAKE A LONG WALK
19 2 Easter Tune in to Digital Worship	20 PRAY	21	22 TAKE A LONG WALK	23 PRAY	24	25 CALL A FRIEND
26 3 Easter Tune in to Digital Worship	27 READ THE BIBLE	28 PRAY	29	30 TAKE A LONG WALK		

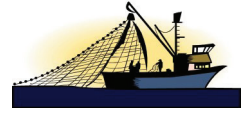
**Connect with us online!**

Our website: [stpeterslutherancapecod.org](http://stpeterslutherancapecod.org)

Facebook page: @StPetersCapeCod

YouTube channel: [St. Peter's Lutheran Church Harwich](https://www.youtube.com/St.Peter's.Lutheran.Church.Harwich)

## View From the Deck



Shortly before his death, John tells us that Jesus spoke to the disciples and assured him that even when he would no longer be physically visible to them, he would still be among them, with them, in them. "I will not leave you orphaned; I am coming to you. In a little while the world will no longer see me, but you will see me; because I live, you also will live (Jan.14:18-19)." I am reminded of Jesus' promise during this time of physical distancing. Although the common expression is "social distancing," I find "physical distancing" more appropriate and accurate. There are many ways we are trying to stay connected, and modern technology has certainly been a blessing!

- \* "Zoom," "Go-to-Meeting," and Facebook are some of the platforms that have allowed groups to communicate. Our Church Council had its first meeting using 'Go-to-Meeting.' The Cape Cod Council of Churches, and the Southeast Mass Clergy group used "Zoom." Some of Joanna's college classes are meeting via Zoom. I think there will be a Men's Ministry fellowship hour via Zoom this coming week!
- \* I "attended" my first memorial service via Zoom this week. Some friends of St. Peter's who have a home on the Cape held a memorial service for a mother via Zoom. It was thoughtfully and beautifully done. In fact, I marveled how many people shared memories and reflections after the formal liturgy ended- I guess many who are afraid of public speaking, are OK speaking into the computer!
- \* Individual church members are communicating via e-mail. Some of our ministry teams are staying in touch via group e-Mails.
- \* Then there's the telephone! Esther Circle and others have been staying in touch with one another. Council members and the Pastoral Care Team have been working to establish a Telephone-Care-Tree, working through the directory, calling people to check-in.
- \* Minister of Music Cheryl, Pastor Tiffany, and I have been trying to keep you connected to worship via e-mails and links to the church You Tube channel. If you would like a printed copy of the sermon because you do not receive the digital communications, please let us know.
- \* And here is your Network.

Stay connected. Nurture your faith and your social connections (non-physically!) Tiffany and I extend an open invitation to e-mail us or call us at home if you need assistance, want to talk, pray or just say hello!

Peace in Christ, Christian

## Pandemic

What if you thought of it as the Jews consider the Sabbath—the most sacred of times?

Cease from travel.

Cease from buying and selling.

Give up, just for now, on trying to make the world different than it is.

Sing. Pray. Touch only those to whom you commit your life.

Center down.

And when your body has become still, reach out with your heart.

Know that we are connected in ways that are terrifying and beautiful.

(You could hardly deny it now.)

Know that our lives are in one another's hands.

(Surely, that has come clear.)

Do not reach out your hands.

Reach out your heart.

Reach out your words.

Reach out all the tendrils of compassion that move, invisibly, where we cannot touch.

Promise this world your love—for better or for worse, in sickness and in health, so long as we all shall live.

—Lynn Ungar 3/11/20

## PARISH NURSES'

### ***Similarities: Coronavirus and the Flu***

#### **Symptoms**

- Both cause fever, cough, body aches, fatigue; sometimes vomiting and diarrhea.
- Can be mild or severe, even fatal in rare cases.
- Can result in pneumonia.

#### **Transmission**

Both can be spread from person to person through droplets in the air from an infected person coughing, sneezing or talking.

A possible difference: COVID-19 might be spread through the airborne route (see details below at Differences).

Flu can be spread by an infected person for several days before their symptoms appear, and COVID-19 is believed to be spread in the same manner, but we don't know yet for sure.

#### **Treatment**

Neither virus is treatable with antibiotics, which work only on bacterial infections. Both may be treated by addressing symptoms, such as reducing fever. Severe cases may require hospitalization and support such as mechanical ventilation.

#### **Prevention**

Both may be prevented by frequent, thorough hand washing, coughing into the crook of your elbow, staying home when sick and limiting contact with people who are infected.

### ***Differences: COVID-19 and the Flu***

#### **Cause**

COVID-19: Caused by one virus, the novel 2019 coronavirus, now called severe acute respiratory syndrome coronavirus 2 or SARS-CoV-2.

Flu: Caused by any of several types and strains of influenza.

*Continued on following page*

**PARISH NURSES'** *Continued from previous page***Stay calm, informed and wash your hands!**

Find accurate information at the CDC, or Mass Department of Public Health web site. The source for information in this article is from The Johns Hopkins University.

**Transmission**

While both the flu, and COVID-19 may be transmitted in similar ways (see above), there is also a possible difference: COVID-19 might be spread through the airborne route, meaning tiny droplets remaining in the air could cause disease in others even after the ill person is no longer near.

**Antiviral Medications**

COVID-19: Antiviral medications are currently being tested to see if they can address symptoms.

Flu: Antiviral medications can address symptoms and sometimes shorten the duration of the illness.

**Vaccine**

COVID-19: No vaccine is available at this time, though it is in progress.

Flu: A vaccine is available and effective to prevent some of the most dangerous types or to reduce the severity.

**Infections and Death**

COVID-19: Approximately 121,564 cases worldwide, 1,050 cases in the U.S.

Approximately 4,373 deaths reported worldwide; 29 deaths in the U.S.

These statistics are as of March 11, 2020.

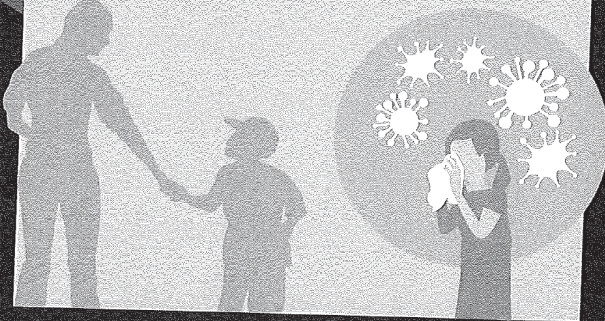
As of March 23 the world-wide number is well over 3000,000 and US confirmed cases over 33,000.

As mentioned before the elderly and those with compromised immune systems are more susceptible to both of these illnesses. **Frequent** hand washing with soap and water for at least 20 seconds is important to maintaining your health. Stay home if you are ill. Avoid touching your eyes, nose and mouth. Keep at least 3 feet between yourself and anyone who is coughing or sneezing. You do not need to wear a mask to protect yourself. [Cover your mouth and nose with a tissue if you cough or sneeze. \(Discard immediately\).](#)

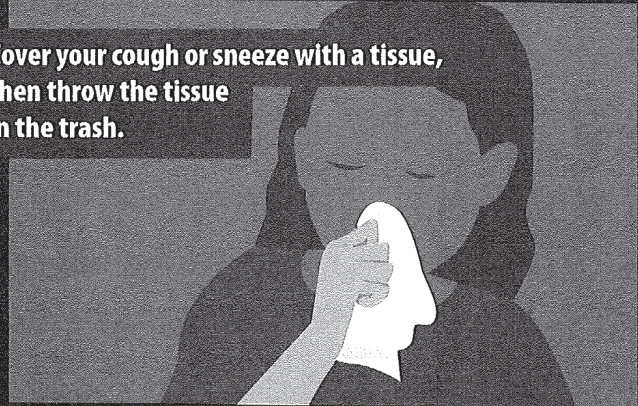
# STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

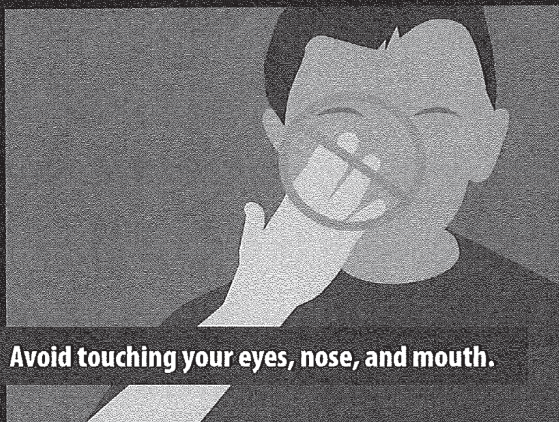
Avoid close contact with people who are sick.



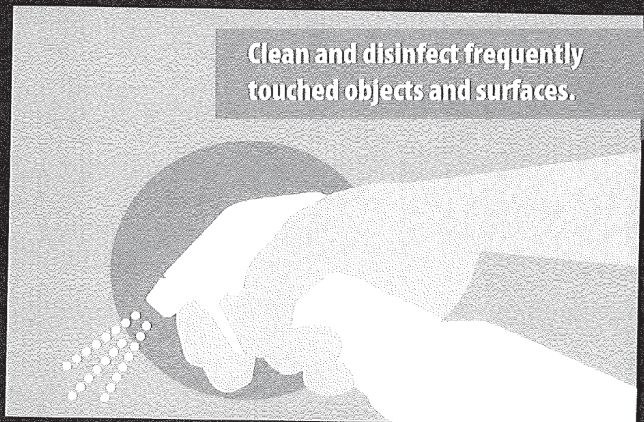
Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



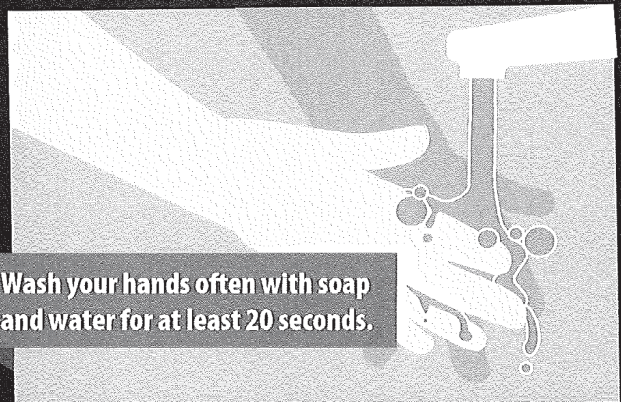
Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



[cdc.gov/COVID19](https://www.cdc.gov/COVID19)



Centers for Disease Control and Prevention  
CDC 24/7: Saving Lives, Protecting People™

## Coronavirus Disease 2019 (COVID-19)

### Symptoms



**Call your doctor:** If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as cough or difficulty breathing, call your healthcare provider for medical advice.

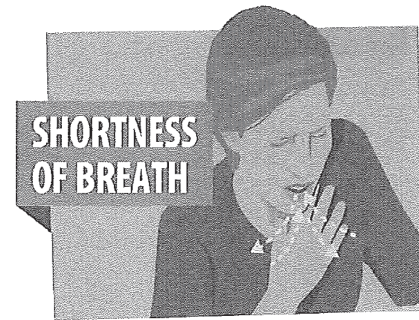
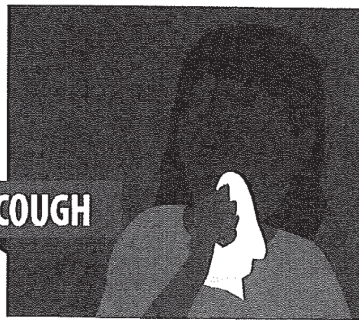
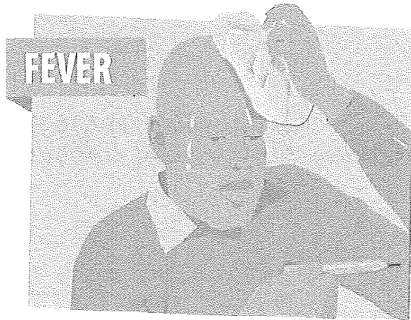
### Watch for symptoms

Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases.

The following symptoms may appear 2-14 days after exposure.\*

- Fever
- Cough
- Shortness of breath

\*This is based on what has been seen previously as the incubation period of MERS-CoV viruses.



If you develop emergency warning signs for COVID-19 get medical attention immediately. Emergency warning signs include\*:

- Difficulty breathing or shortness of breath
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

\*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.





## Handwashing: Clean Hands Save Lives

### Handwashing: A Healthy Habit in the Kitchen

Handwashing is one of the most important things you can do to prevent food poisoning when you are preparing food for yourself or loved ones. Washing your hands frequently with soap and water is an easy way to prevent germs from spreading around your kitchen and to other foods.

Follow these handwashing tips to make sure you have clean hands when preparing food:



Wash your hands often when you cook to prevent the spread of germs. Your hands can spread germs in the kitchen, so wash your hands often to prevent cross-contamination. Handwashing is especially important during key times when germs can spread. Here are some key times to wash in the kitchen:

- Before, during, and after preparing any food.
- After handling raw meat, poultry, seafood, and eggs.
- Before eating.
- After touching garbage.
- After wiping counters or cleaning other surfaces with chemicals.
- After touching pets, pet food, or pet treats.
- After coughing, sneezing, or blowing your nose.

### Follow Five Steps to Wash Your Hands the Right Way

Handwashing is one of the most effective ways to prevent the spread of germs, but it's important to follow these five steps every time.

1. **Wet** your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
2. **Lather** your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
3. **Scrub** your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.
4. **Rinse** your hands well under clean, running water.
5. **Dry** your hands using a clean towel or air dry them.



# What to do if you are sick with coronavirus disease 2019 (COVID-19)

If you are sick with COVID-19 or suspect you are infected with the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and community.

## Stay home except to get medical care

You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas. Avoid using public transportation, ride-sharing, or taxis.

## Separate yourself from other people and animals in your home

**People:** As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available.

**Animals:** Do not handle pets or other animals while sick. See [COVID-19 and Animals](#) for more information.

## Call ahead before visiting your doctor

If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed.

## Wear a facemask

You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) or pets and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then people who live with you should not stay in the same room with you, or they should wear a facemask if they enter your room.

## Cover your coughs and sneezes

Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can; immediately wash your hands with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60-95% alcohol covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty.

## Avoid sharing personal household items

You should not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people or pets in your home. After using these items, they should be washed thoroughly with soap and water.

## Clean your hands often

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.

## Clean all "high-touch" surfaces every day

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe, according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

## Monitor your symptoms

Seek prompt medical attention if your illness is worsening (e.g., difficulty breathing). **Before** seeking care, call your healthcare provider and tell them that you have, or are being evaluated for, COVID-19. Put on a facemask before you enter the facility. These steps will help the healthcare provider's office to keep other people in the office or waiting room from getting infected or exposed.

Ask your healthcare provider to call the local or state health department. Persons who are placed under active monitoring or facilitated self-monitoring should follow instructions provided by their local health department or occupational health professionals, as appropriate.

If you have a medical emergency and need to call 911, notify the dispatch personnel that you have, or are being evaluated for COVID-19. If possible, put on a facemask before emergency medical services arrive.

## Discontinuing home isolation

Patients with confirmed COVID-19 should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low. The decision to discontinue home isolation precautions should be made on a case-by-case basis, in consultation with healthcare providers and state and local health departments.



For more information: [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)

## Comfortable with uncertainty

Normal is shifting. It's a place I know well – from giving birth to a 2 ¼ pound baby, divorce, my parents' deaths, lessons in trans-life from my daughter, and the constant fear of not having enough income. Most of us have had our share of plunges into these depths during our lifetimes.

But, as they say, it's not what happens to you, it's what you do with what happens to you.

### 1. Cut the chatter – stop everything, rest up, listen.

Sometimes I find that I'm living my life almost on autopilot, making it difficult to live in the moment. Even this moment in April 2020 is important to live fully. Don't rush, banish to-do lists – let your life and body reset and re-energize. A major reset often leads to great creativity, fresh ideas, seeing situations more clearly. In these coming weeks, most of us, excluding health care workers, will have ample time to do this.

*Empty your mind of all thoughts*

*Let your heart be at peace*

(Lao Tzu, Tao te ching, vs 16, Stephen Mitchell trans)

*Consider the lilies of the field, how then grow;*

*They toil not, neither do they spin (Matthew 6:28)*

### 2. Ask yourself – “What can I learn from this?”

I don't believe in a God who is meddling in all our lives, or reaching down to teach us, or who punishes. It works for me to try to learn from everything. Put your mind into interrogative mode and don't judge the questions or the possible answers.

*I want to beg you, as much as I can, dear sir, to be patient toward all that is unsolved in your heart and to try to love the questions themselves like locked rooms and like books that are written in a very foreign tongue. Do not now seek the answers, which cannot be given you because you would not be able to live them. And the point is, to live everything. Live the questions now. Perhaps you will then gradually, without noticing it, live along some distant day into the answer. (Rilke, Letters to a young poet)*

### 3. Think for the life of all sentient beings, not just for yourself.

In 1972 Edward Lorenz utilized the ideas of French mathematician and engineer Henri Poincaré and American mathematician and philosopher Norbert Wiener in *Predictability: Does the Flap of a Butterfly's Wings in Brazil Set a Tornado in Texas?* linking the concept of *instability* of the Earth's atmosphere to instability of large classes of dynamic systems. His “*butterfly effect*” has been linked to many systems *outside science*. Suspend judgment and ask yourself

- What are the lessons for the planet?
- Is it possible that humankind is experiencing a 'correction' as the nature world so often does?
- If our actions have such a profound effect on others we will never know, how might we change to live in greater kindness, sympathy, caring and love for others?
- How can we implement positive change?
- Will there be a time when everything in our lives is 'back to normal'? Is that what we want, what God wants for us? Are we being called to forge a new 'normal'?

*Comfortable with uncertainty—continued*

#### **4. What are the gifts of this moment in time?**

Most of us are already connecting by phone or online with friends and family much more frequently. Can there be a more precious gift than time – time for learning, time for nature, time for prayer? Tell me some of the gifts you are discovering.

#### **5. How can I learn to live with uncertainty going forward?**

I read Pema Chodron's Comfortable with Uncertainty when I was on bedrest with my second child. It was the beginning of seeing uncertainty as not only normal, but healthy. If we learn not to attach to the outcome of our endeavors, we live more peacefully with ourselves and others. One of my favorite passages to live in my heart is this one from David Reynolds' 1993 translation of the Tao Te Ching, verse 3.

*By accepting reality we quarrel neither with ourselves nor others.*

*By releasing time and outcome we are not possessed.*

As we traverse these weeks and months together, I hope you will share with me some of the gifts you have discovered, great thinkers you have read, or the new, creative ideas you've had, the great music you've heard, or better yet, played or sung yourself. Feel free to call me at 617-852-3533 or email me at [clduerr@gmail.com](mailto:clduerr@gmail.com) to share your stories.

God be with you 'til we meet again

Cheryl

**NOTES AND LETTERS**

Dear Karen,

Just a little note to say thank-you for the journey through grief series. Please extend my appreciation to the Pastoral Care Team of St. Peter's for their thoughtfulness, also, for me, the last two meanings of aloha remain the most significant to me. Although Richard is in heaven, I know that he is here with me and this will never change -

Thank you again for your kindness and remembrance.

God's blessings always

Christine Johnson

What we have once enjoyed and deeply loved we can never lose, for all that we love deeply becomes a part of us.

Helen Keller

Pastors Christian and Tiffany,

Thank you for sharing this Lenten worship. It was just what I needed tonight.

We are well and mostly isolating in place. I continue to do my Meals on Wheels route but am being careful. Our greatest disappointment is that we had to cancel our trip to London in early April to meet our newest grandson due within the next couple of weeks. I have so looked forward to cooking, cleaning, etc for Jessi and Martin as my Mom had done for me.

We are very grateful that in the U.K. Jess will get 6 months of paid maternity leave and Martin 3 months if paid paternity leave so she will not be alone. We are incredibly thankful for FaceTime. Thanks again. We appreciate all that you do.

Kate

I really enjoyed hearing and seeing from my home church in this way. I way this could go on all the while we are gone to Florida. The church in Florida tapes the sermons, and often the choir, and posts it on U tube for us, in a weekly post.

Peace and good health!  
Karen G.

Thank you for sending the segments from Sunday's worship service. It was nice to hear the music, read the sermon and listen to Donna's scripture by heart. I enjoyed each part.

Peace,  
Marcia Harris



Hi my dear Pastors,

Thanks for the update which was presented with such thoughtfulness.

I am so sad all of this happening. Tears are streaming down my cheeks.

I will miss your physical presence. I look forward to May 9th, hoping we can hug again. Stay well!

Peace and good health,  
Carol

Please know you all are in our thoughts and prayers. Thank you for your kind and reassuring words.

We are both fine here in NC, hoping to return around April 20.

Be well and God Bless  
Linda and Charlie

Thank you Pastors  
Brenda Niemi

**Kayden K**

Kayden K's portfolio • 47m

Seeds were planted on Monday and already sprouting by Friday.



Kayden's Garden

My week so far has been fine. I have been having a lot of time on my hands. I've been trying to teach my brothers at least something but teaching is harder than it looks. I have continued learning about fractions and tape diagrams on Zearn. Me and my mom have been enjoying taking beautiful walks in the woods with our dogs. I have been planting a lot in my spare time, and have been observing my crops everyday for signs of sprouts. I enjoy not having to wake up early every morning, but still I miss school. With all this time at home I've been seeing a lot of my brothers and trying to entertain them is not the easiest thing in the world. I just managed to see my favorite Broadway play on video and it was so good. I had never seen it before. Overall my week has been fine but I look forward to the day I can come back to school.

## Through the Lens of Science...

By Doug Kenney 508 430-6379

*This article is a follow-up to Doug's article on cyclic ice age and warming epochs.*

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### GLOBAL WARMING versus CARBON in our AIR

Carbon dioxide in our atmosphere is a greenhouse gas that warms our planet but **excessive** amounts cause the absorption of too much heat. Our air is now filled with 420 ppm (parts per million) of carbon dioxide, but only 200 ppm is required to provide comfortable heat. This column deals with methods I propose to **limit** the amount of carbon our planet places into our atmosphere.

Deforestation of our rain forests is a major contributor to global warming. Plants draw carbon dioxide in from our atmosphere so they can flourish. When plants are removed carbon dioxide is released into our atmosphere! Our country plants more seedlings than the trees we cut, but the same is not so about the farmers from third world countries who cut forests. We must convince these countries to grow more trees, not fewer of them.

We need to find a way to eliminate the use of fossil fuels as we drive vehicles because they pollute our atmosphere with tons of carbon. France plans to **ban** the use of gasoline driven vehicles in about twenty years! Many countries are already promoting transportation using lithium battery power and hydrogen as a fuel. Currently, Toyota and Nissan have such cars on the road, and many more are expected in the next few years.

Other contributors to global warming are volcanoes that shoot carbon into our atmosphere, but they're hard to predict as they appear around the world. Our biggest chore is: eliminate the use of fossil fuels, and even then all we can do is **minimize** global warming keeping in mind that ice ages and warming epochs are **cyclic** by their very nature!

Using fossil fuels to heat our homes also releases carbon dioxide into our atmosphere. The only cure I can propose would be heating with electricity. Our country is building new and smaller nuclear power plants that put **no** carbon into our atmosphere. Research is now under way to **fuse** hydrogen into helium to give us very cheap electricity to heat our homes!

I wish God could reveal what other options we might have!

**P.S.A.L.M.**  
[People Sharing and Learning More]

*PSALM Meetings and Events:*

*We will postpone our annual collection of diapers and wipes for The Baby Center. Please keep these needy families in your prayers.*

*April 9            NO MEETING*

*May 14            Stay tuned – we are hopeful*

*We share virtual warm hugs and blessings to all  
during this difficult time.  
May God bless and keep you.*

---

The Esther Circle will not be meeting while the church is closed, but we can still keep in touch by phone.



Since we are practicing physical distancing now, the collection of stuffed animals for Children's Cove that we had planned for April must be put on hold.

Earth Day is April 22nd. Can we still think of ways to honor God's creation while we remain isolated?

Marianne has a request: If you are going through your winter clothes to put them away and you come across some wool sweaters that you no longer want (even if they have a few holes it's ok), please save them for me. I can use them for a project for the Cranberry Fair.



**Council Corner notes**



Special Meeting -March 8

Approved expenditures up to \$37,000 for Fellowship Hall Kitchen Remodel

Emergency Meeting- March 13

Discussions surrounding the Covid -19 situation Should we have church this Sunday, March 15? Changes in service procedures. How can we use technology to continue with our ministry during these times of uncertainty?

Regularly scheduled meeting-March17 (teleconferencing)

- Discussion of building use for the foreseeable future
- Building use up to May 9 or in accordance with CDC recommendation
- Approved Paraclette Multimedia to establish new church website
- Approved the purchase of used bells, tables and pads
- Approved gift acceptance from Vern Christensen for continuation of landscaping project
- Accepted letters of resignation from Lois Thomas and Diane Stauss
- Discussed use of Zoom for Wed. services
- Discussed use of You Tube for Sunday morning services while church is closed

Respectfully,  
Ken Thomas, Council Secretary

**Financial Highlights**



Financial Status – March 2020

	Actual	Budget
Income	\$88,805.69	\$89,079.13
Expense	\$61,287.15	\$61,973.88
Net Income	\$27,518.54	\$27,105.25

Thank you for sending your offerings. Please continue to do so, as able, while the church is closed.

**APRIL**  
*Birthdays and Anniversaries*

- 4/3 Hank Ritz
  - 4/6 Gayle Olson
  - 4/7 Marie Strojny
  - 4/11 Kayla Jolibois
  - 4/12 Daniel Campanaro
  - 4/13 Gayla Bergman
  - 4/13 Cynthia Horgan
  - 4/14 Abigail Meyer
  - 4/15 Jim Michaels
  - 4/17 Jim Merriam
  - 4/18 Ruth Brenneman
  - 4/20 Ruth Johnson
  - 4/20 Lynne Meyer
  - 4/21 Nevada Trepanowski
  - 4/22 Peter Goode
  - 4/22 Cynthia Meyer
  - 4/22 Eleanor Meyer
  - 4/29 Alice Brown
  - 4/29 Ralph Nixon
- 



*Vern & Marybeth Christensen*  
 April 7  
 ~

*Peter & Ellen Goode*  
 April 8  
 ~

*John & Jayne Padgett*  
 April 12  
 ~

*Jack Joyce & Mary Hansen-Joyce*  
 April 17



Please contact the office if you would like to add or remove your Birthday or Anniversary in our Newsletter

During current restrictions imposed by the Covid-19 pandemic, those wishing to resume walking on Tuesdays can meet at the first parking lot of Hardings Beach in Chatham at 8:30 am. The open space of this beach area, as well as the low traffic, provides, for now, social distancing. There will be no breakfast following the walk.

To be on the notification list, send an email to [jay.tichenor@gmail.com](mailto:jay.tichenor@gmail.com) with your email address.

**ST. PETER'S WALKING GROUP**



**Prayer Shawl Ministry**

Although unable to meet right now we can certainly still work on prayer shawls at home. Knitting and crocheting are great indoor activities! It's also a great opportunity to use up those stashes of yarn we've been saving!

If you need new ideas there are plenty of free patterns online to try.

Feel free to call or email if you have questions or just want to chat.

508-775-2757 or [marianne@o Boyle.net](mailto:marianne@o Boyle.net)

(This suggestion isn't about prayer shawls but we are always looking for items for the knitting table at the Cranberry Fair so if you'd like to switch to a new project for awhile we always need hats, mittens, scarves, socks, or whatever else you might like to donate.)



**Sacred Sorrow**

"Grief is neither a problem to be solved nor a difficulty to be overcome. It is a sacred expression of love; a sacred sorrow."



Unfortunately the ministry for bereaved parents will be unable to meet for now. However, if you need to talk to someone, please feel to call or email Marianne O'Boyle at 508-775-2757 or [marianne@o Boyle.net](mailto:marianne@o Boyle.net).

Suggestion: Check out the websites for Bereaved Parents of the USA or Compassionate Friends for their newsletters and articles.

[bereavedparentsusa.org](http://bereavedparentsusa.org)

[compassionatefriends.org](http://compassionatefriends.org)



	<b>FEBRUARY 2019</b>	<b>FEBRUARY 2020</b>
Average One Sunday Service	99	95
Average Midweek Service	9	7
Average Weekly Attendance	108	102
Monthly Nursing Home Worship Svcs.	The Victorian - 12 Pleasant Bay 18 Wingate Harwich- 28	The Victorian - n/a Pleasant Bay -n/a Wingate Harwich -n/a
Home Communion Visits	17	15