

Writing as a Spiritual Discipline Third Thursdays

In February we read the story of the magi coming from the East and opening their treasure chests before Mary and the baby Jesus. We also looked at a couple of famous paintings. Then we were given the writing prompt: "The treasure chest I leave for..." One person reflected on the love that they were directing to family, the love they were directing towards church family, and the love they were directing to the wider community. Another person contemplated the legacy they were trying to leave for their children and grandchildren and wrote a prayer. A third person flipped the prompt and wrote about her grandfather's house, reflecting on how the furnishings were decades old and told rich stories of earlier adventures and life experiences.

Writing, reflection and conversation with one another leads to meaningful reflections on faith and life. No experience necessary.

February 18, 1:00 p.m. – 2:15 p.m. (via zoom) contact Pr. Christian for zoom link. March 18, 1:00 p.m. – 2:15 p.m. (whether digital or in-person, *to be determined*)