

ST. PETER'S LUTHERAN CHURCH

310 Route 137

Harwich, MA 02645-1361

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September 2023

The Network

St. Peter's Lutheran Church
SEPTEMBER 2023

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Email: Office@StPetersCapeCod.org

Website: www.StPetersLutheranCapeCod.org

St. Peter's Lutheran Church

*The office is
closed on
Monday,
September 4
for Labor
Day.*

The Network
SEPTEMBER 2023 Issue
DEADLINE
For submissions to the
OCTOBER 2023 Issue
is September 15, 2023

ST. PETER'S MISSION STATEMENT

Centered in Christ and empowered by
God's Spirit, we love, grow and serve.

Our core values:

Christ-centered
Open-minded
Caring
Welcoming
Generous

Co-Pastors:

The Rev. Christian G. N. Holleck
pastorchristian@stpeterscapecod.org

The Rev. Tiffany Nicely Holleck
pastortiffany@stpeterscapecod.org

Minster of Music

Craig S. Tocher
Ministerofmusic@stpererscapecod.org

Ministry Administrator

Susan Madigan Kiehnau
office@stpeterscapecod.org

Operations Administrator

Ann German
businessoffice@stpeterscapecod.org

Custodian

Rebecca Catron

2023 Financial Staff:

Russ Olson, *Treasurer*
churchtreasurer@stpeterscapecod.org

Suzanne Bassett, *Assistant Treasurer*
assistanttr@stpeterscapecod.org

Lois Thomas, *Financial
Secretary*

Lynn Hatch, *Assistant Financial
Secretary*

2023 Church Council:

Juliet Bongfeldt,
President
Cathy Samples,
Vice President

Secretary (vacant)
Russ Olson,
Treasurer
Tony Esposito
Kathy Glifort
Mary Hansen-Joyce
Chris Janson
Gary Mann
Brenda Niemi
Rodney Schuller



OFFICE HOURS
9 am to 3:30 pm
Mondays - Thursdays



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Affirmation of Welcome

Welcome to new visitors and old friends.

We are a Reconciling in Christ congregation and strive to welcome people of every age and size, color and culture, every sexual orientation and gender identity, socioeconomic status, marital status, ability and challenge.

Welcome to believers and questioners, and to questioning believers. Welcome to all who seek Christ's love and grace.

This is a place where you are welcome to rejoice and lament, seek healing and offer service. Welcome in the name of Jesus.

Website:

www.StPetersLutheranCapeCod.org

Office email:

Office@StPetersCapeCod.org

Church Phone: 508-432-5172

Church Fax: 508-432-5125

Transition Happenings

With the resignation of our pastors, members and friends of St Peter's are wondering how the transition to new pastoral leadership will take place. The Congregation's Council, which will be in charge until a new pastor is chosen, has been busy planning for leadership in the many activities that make St Peter's a place of worship, welcome, and outreach.

Throughout the transition process we will be guided by **Kim Bergstrand**. Ms. Bergstrand is the Associate to the Bishop for RI and Southeastern MA. The Council has already met with her, and she is available by phone or email as questions arise. She will also be working closely with the various teams as they are selected.

Already selected is the **Transition Team**. This group, working with Kim, will plan the initial phases of the transition: among other tasks farewell events, a CAT (Congregational Assessment Tool) survey, church history event, and community needs assessment. The team consists of Kathy Glifort (representing Council), Jane Wordsworth, Jim Merriam, Claudia Bellis, Elaine Davis, and Ken Thomas.

Soon a **Ministry Site Profile** team will be selected. Coordinating with the Transition team, they will use their internet and writing skills to construct a profile of the church which will be presented to pastoral candidates to introduce them to who we are.

Further into the future, a **Call Committee** will be formed to work with the Associate to the Bishop to evaluate a candidate or candidates for ministry at St Peter's. Part of the initial process involves identifying an **Intentional Interim Minister** who is specially trained to work with congregations experiencing challenging events; in our case welcoming the Cape Cod Christian Academy next month, planning for the installation of the organ and the changes in the sanctuary, and moving from one and one-half pastoral positions to one pastor. In the meantime, we count on our excellent staff to continue to support us as they are doing now.

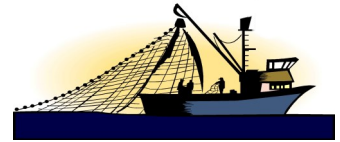
We are pleased to report that our intentional interim pastor has already been selected. The Reverend Sandi D'Amico lives in Warwick, RI, has been specially trained as an intentional interim pastor, and will be joining us during the week of October 1. Congregation President Juliet Bongfeldt has been in conversation with her and is confident that she will capably guide us through the next months, as we identify our ministries, search for a new pastor, and seek God's guidance for our future.

The council is committed to keeping the congregation fully informed as events or changes are anticipated. Please feel free to contact council members with questions or suggestions as we move into this new territory.

*"Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life. " Philippians 4:6,7
The Message*

Juliet Bongfeldt, Congregation President

View From the Deck



Beginnings and Endings - Reflecting on Hellos and Goodbyes

Time and time again someone will share with me how much it meant when they were greeted, when someone said hello. Sometimes it is the difference between someone becoming a member or friend of the church or a one-time visitor. The greeting need not even always be verbal. A young adult was invited to attend worship with a friend one Sunday morning. To her surprise and delight, she saw the colored rainbow flag. "Wow," she later said. "It wasn't the gray hairs or lack of young people that became her first impression. Rather, it was 'I am welcome here.'" Self-identifying neither as Christian nor heterosexual, she was able to joyfully enter and listen to hymns, scriptures, and a homily about Jesus.

As the Hollecks prepare to depart St. Peter's one morning I realize how we yearn for a *good bye*. And so, we were delighted one morning to find a small gift box on our desk with the note:

"One Sun under God,
From Harwich to Yuba City.
May His light always shine through you."

Inside the box were four pairs of Sunglasses! On the arms of each pair of glasses were stickers, on the left, "St. Peter's" and on the right, "St. Andrew."

Liturgically, we have a special, beautiful way of saying hello and goodbye. We say welcome, and go in peace. Greeters welcome people as they arrive. Tiffany and I, as presiding pastors, greet you at the end of worship, sometimes saying "Good morning" or "Welcome," even more often, saying "Peace be with you."

May the light and peace of Christ be with you!
Christian and Tiffany

A Look Back: View From the Deck, September 2006

What is behind that name anyway? One of the ancient symbols of the Church was a boat. Our Christian journey begins with our baptisms, when we are plunged into the river of Life with the promise that we belong to God. The goal of the Church was to get to the other shore of God's kingdom, where God will welcome us home.

There are many ways to look at the journey. Some people are not comfortable on the water and can be heard to say, "Sit down! Stop rocking the boat!" Others though love the challenge of a storm, wanting to test their skills against Mother Nature's worst. Some people think that the journey is like a cruise, time to sit back and relax and not worry about how they'll get to where they are going. Others want to be more physically active, hoisting sails and coiling lines, assisting in the journey.

Being a church and Christian community so close to the water (waters!) and with a name like St. Peter's we can be playful with this theme and images. Who's on the boat? Each one of us: members, friends, visitors, staff. Where are we headed? Home. And whose boat is this? Be very clear on this: this boat belongs to God and to God alone. The Church is not Pastor Christian's or mine. No single committee or group in the church is in charge. Christ alone is the captain of the ship (and captain of our hearts!) and he is at the wheel. He has the charts, knows the course on which we are headed, and is fully in command.

Each of us have important roles to play on the boat. Some are needed to hoist the sails. Others need to stand on the lookout for the buoys and hazards in the water. Some are needed to sit and balance out the boat. Each of us will get time to relax and rest along the way. Each of us will also have busy times on board. No matter what we're doing we need to keep both ears open to hear our captain's commands.

Storms will come up from time to time. There will be times of dead calm with no wind and no movement forward (hopefully few and far between.) But usually we'll be on the proper tack to get us to where we need to be. Hopefully we won't need to use the life preservers and won't encounter pirates along the way.

I've heard many people say, "I'm retired" here at St. Peter's. But the truth is you just stepped off the career track. You are still on board with us. So please don't sit back in your deck chair and wait for someone to come and serve you a drink. We don't have waiters; we're all too busy pulling together on this crew. Please join us! We'd love to have all hands on deck!

From your co-First Mate,
Tiffany

A Look Ahead: View From the Deck, September 2023

So that was how we saw things in 2006 as we began our journey with you as your Co-Pastors. Now it is time for a crew change. On September 17 we'll be stepping off this boat called St. Peter's. You'll find the covenants between Council and the Co-Pastors later in this newsletter.

We have thoroughly enjoyed our journey with you. How right I was – we had some storms. We had only a bit of dead calm. We did a lot of tacking and made progress. Even though we're stepping away, there are things that remain true. This ship of St. Peter's needs your continued involvement; you have important roles to play on this boat. Captain Jesus is counting on you! There are more journeys to be had, more ports to discover, new crew and members to welcome aboard.

So let us leave you with a blessing:

May the Spirit fill your sails with hope and excitement.

May Jesus pilot you well through the grief, anxiety and unknowns.

May God hold you close and may you remember always to whom you belong.

With love, affection, gratitude, peace and grace,

Pastor Tiffany

Dulcimer Petting Zoo!

Have you often thought you'd like to play a musical instrument but are "not musical"? Do you think it takes so long to learn how to play an instrument that it's not worth the effort? Have you ever heard of the Appalachian Mountain Dulcimer? Would you enjoy gathering once a month to have fun and make a little music together?

If so, please check out the Dulcimer Petting Zoo immediately after worship on October 1. I will bring the Anderson Fund "loaner" dulcimers, as well as my own for you to try out, and I can show you how quickly you can begin to play (one master dulcimer player said its an instrument you can play in an afternoon and then spend a lifetime mastering).

After meeting the dulcimers and petting them, if you think you might be interested in a once-a-month dulcimer group, I will follow up with you and those who have already expressed an interest to find a mutually convenient time to start! The idea is that we would meet once a month but share the loaners so we can practice between gatherings. This is not about performance – it's about connection!

Questions? Already thinking about doing this? Please email MJ Pattison at :

mjpattison@gmail.com



Our 9:30 AM Sunday in-person worship
is live streamed on our YouTube channel:

<https://www.youtube.com/c/StPetersLutheranChurchHarwich>

Second Summer Service

Sundays in September, we will continue with our second service from 11:15 am to 12 noon which has a focus on healing. Please contact Lou Meyer at 201-747-9047 for more information on volunteering. Please note: there will only be only service on Sunday, September 17 at 9:30 am.

ORGAN UPDATE

Pipes for Praise Update:

Pipes for Praise is excited to note that we have received \$268,730.95 as of August 20, 2023 which means we have under \$82,000 to go!! Thank you to all who have made donations. We just need to keep pushing to make our goal of \$350,000 by Easter 2024. The Pennies for Pipes jar in the Narthex has been emptied, counted, added up, and deposited in the St. Peter's account at Cape Cod Five for the Organ Fund. You all gave a total of \$170.73 in change including \$7.00 in bills! Praise the Lord! As a reminder, August is the month for special giving envelopes, and the green envelopes in the pews are designated for the Pipes for Praise Organ Fund. Please fill an envelope with you donation and put your change in the Pennies for Pipes jar. Thank you!

Submitted by Gayle E. Olson

Pipes for Praise Committee: Karen Beggs, Peg Flood, Gayle Olson, Fay Sargent, and Pastor Christian

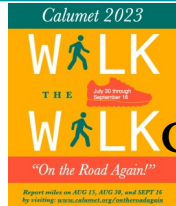
Planning and Construction Team (PACT) Update:

The committee is working with the architect on final details. Once they receive the final plans, they can begin the bidding process.

Submitted by Tony Esposito

CALUMET – Here We Come!

We have reservations for 20 people for three nights: starting with dinner on Thursday, September 21 through lunch on Sunday, September 24 at the Conference Center, Village Cabins, and Staff House. Attendees are in the process of signing up for rooms. We have room reservation forms in the church office if you still need one.



Camp Calumet's Walk the Walk 2023, *On the Road Again*

Our small but determined group of walkers (and their dogs) now consists of ten people and two dogs and have recorded over 700 miles. Strong walking!! We would love to have more join. A modest \$25 donation gets you on the list, a t-shirt and some good vibes helping Calumet. Come join St. Peter's team! Our collective miles get added to people from all over New England and the country. The grand total of miles triggers other donations and builds spirit; it's part fundraiser, part encouragement to get out and move.

We would love to put in a good showing for St. Peter's. Don't be intimidated! Walk one mile or run 3 marathons; it's all about fun and spirit. Here are some details: The three goals of WtW are: 1) to keep active, 2) grow relationships, and 3) support Calumet. Registration for WtW '23 is open. You can go to this link and complete your registration for a modest donation of \$25:

<https://www.calumet.org/giving/ontheroadagain>

- Some have reported trouble with the Calumet link. If you encounter problems, please reach out to me (cj01950@gmail.com) or Ginger Brownell (ginger@calumet.org). The Walk this year will run from July 30 to September 16, a slight shift later from past years.
- It will work exactly as last year: walk, run, bike, or swim your miles, and report back to me in several periods. I'll provide reminders when it's time to get our numbers together.
- The idea of holding a few planned group walks came up, perhaps as part of the Tuesday morning walks, a weekend walk or both. Last year, we had 15 people and 2 dogs on our team. We logged just over 2,700 miles. Can we beat that this year? I think we can! Submitted by Chris Janson, cj01950@gmail.com

Christian Education



WOMEN'S BIBLE STUDY

Our last two Bible studies together will be on September 6 and 13 at 7:00 pm. On September 6, we'll conclude our study of the Gospel of John. This will be hybrid, both in person and via zoom. On September 13, we'll be in person only, gathering to talk and pray one more time. Please join us!

LOCAL GRIEF SUPPORT GROUPS

- Run by Broad Reach Hospice's bereavement coordinator, Rebecca Chesbro, this grief support group is open to anyone grieving the loss of a spouse. They meet in the Luther Room at St. Peter's on Tuesday at 2:00 pm.
- The Northside United Methodist Church, 701 Airline Road, Brewster, has a grief support group at their church for all who are experiencing some type of grief that meets on the second and fourth Wednesdays at 2:00 pm.

P.S.A.L.M.
People Sharing and Loving More

P.S.A.L.M. [People Sharing and Loving More]

PSALM Meetings and Events

<u>DATE</u>	<u>TIME</u>	<u>EVENT</u>
Thurs., Sept. 14	7:00 pm	<i>Business Meeting</i>
Thurs., Oct. 12	7:00 pm	<i>Business Meeting</i>

Be safe. Be well. Be blessed.

St. Peter's Ministries



PRAYER SHAWL MINISTRY

The St. Peter's Prayer Shawl Ministry will tentatively meet on Friday, September 1 and 15 at 1:30 pm in the Luther Room.

We invite all knitters and crocheters to join us for prayerful work and pleasant conversation. Yarn, patterns and needles are available if needed. Please join us!

ESTHER CIRCLE

The Esther Circle plans to gather for lunch at a restaurant, tentatively on Tuesday, September 19. I will email The location to be decided.

In looking toward the Cranberry Fair, we have scheduled jewelry sorting in fellowship hall on the following dates: Thursday, Oct. 12 from 1 to 4 pm, Friday, Oct. 13 from 9:30 am to noon, and Monday, Oct. 16 from 1 to 4 pm. Please join us!

If you have any wool sweaters that you no longer want please donate them to Marianne as they can be up-cycled into mittens for the knitting table. These were quite popular last year!



SACRED SORROW



Sacred Sorrow

"Grief is neither a problem to be solved nor a difficulty to be overcome. It is a sacred expression of love; a sacred sorrow."

St. Peter's ministry for bereaved parents plans to meet this month on a date to be determined as some of us will be at Calumet on the date that we would normally meet.

Please consider joining us if you have had the misfortune to lose a child. It doesn't matter the age or how long ago its been.

Although all experiences are unique, it really does help to be in the company of others who understand your journey. "You don't get over it, you just get through it. You don't get by it, because you can't get around it. It doesn't 'get better'; it just gets different. Everyday...Grief puts on a new face." Wendy Feireisen

For more information about the Prayer Shawl Ministry, Esther Circle, or Sacred Sorrow, please contact Marianne O'Boyle at 508-775-2757 or marianne@o Boyle.net.



Food Pantry Update

Loaves and Fish Pantry

Our **NEW** schedule, **as of August 28**, is as follows:

Monday: 1:00 - 3:00 pm **Tuesday:** 3:30 - 5:00 pm
Wednesday: 12:30 - 2:30 **Friday:** 10:00 am - 12:00 pm

Please note that the Loaves and Fishes Pantry has made a few changes in the days and times we are open so that we can work around the Cape Cod Christian Academy schedule. These changes will better serve our clients as we are adding a late afternoon time and many of our regulars have expressed excitement about this addition. Most of the holidays come on Mondays so having the pantry open Tuesday should also help our families.

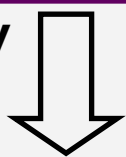
We have a wonderful team of faithful volunteers here at the pantry and have even had several visiting grandchildren and other relatives come and volunteer to help during deliveries or stock the shelves. It is so nice to see the younger generations so interested in helping others. Recently we have added several volunteers to the team. Ross Gorman has been helping Curt Douglas with deliveries for the past year but is now joined by his friend Paul Sullivan. Sharon Gorman has been stocking the pantry after some of our busy days when 14-18 clients use the pantry on one day and leave the shelves bare. Sharon will join the Tuesday team along with Anne Ekstrom and Mary McCarthy, another new volunteer who began helping us this summer. Carol Schachinger has also agreed to help and will be covering for the time I am out in November after knee replacement. Welcome to everyone who is joining our long standing volunteers and substitutes Carol Virlik, Karen Beggs, Shawn Krum, Mary Keating, Aline Glifort, Carol Cameron, and Jetty Sousa Lampson.

Our numbers have increased steadily all year and the same is happening at all the local pantries here on Cape Cod. It has become increasingly difficult to get needed food items so we are very grateful to our regular donors. Our storage shelves have been totally empty several times this summer and we have had to purchase many more items just to get by. The bags of cereal, canned goods, taco supplies, etc., continue to help us meet the needs of our neighbors. It was a difficult decision but we are currently having to limit the number of certain items families can take. As you say good bye to family and summer guests, consider looking through your

cupboards for any items purchased that you might not use. I know that I stock up on favorite cereals and snack items that the grandkids enjoy but I shouldn't eat. As long as the food items are not open or expired, we can use them. Thank you to those of you who have dropped off the wonderful produce from your gardens. A young 4th grader came in and saw the beautiful cucumbers donated by Lucie Carlsen's neighbor and was so excited. I told her that I heard that they were a "super food" and were very good for you. She replied, "Oh, they are to me, I just love them," as she clutched her prized bag of cukes. This is why we have the Loaves and Fishes Pantry.

Ruth Brenneman
St. Peter's Food Pantry Coordinator

Filling the Pantry shelves.



The Food Pantry after a busy day.

NOTES AND LETTERS

Dear St. Peter's Family,

Thank you for your prayers, cards, and caring. It has been a long journey. I have my church family behind me, and I'm getting better. Bless all of you!

Barbara Gannon

Master Calendar

If your committee or ministry team would like to meet at the church, please let Ministry Administrator Susan know. She'll get you on the master calendar and reserve a space for you.

Dear Pastors Christian and Tiffany, and Sisters and Brothers of St. Peter's,

I want to thank you all for all of your kind greetings, words, cards, and flowers in remembering my 100th birthday. I thank God for 100 years of blessings, and I pray that He keeps His blessings on St. Peter's and you all.

Christa Barescu

*And thank you, Church Family, from the rest of Omi's clan!
- Claudia, the Millers, Stephanie and Pat*

To St. Peter's,

I wanted to thank you for the beautiful flowers celebrating my 75th milestone birthday. It's such a thoughtful way to raise up a person of the church!

*Always,
Bonnie Brenner*

We love to hear from you!

Send your updates to:...
office@StPetersCapeCod.org or

ST. PETER'S LUTHERAN CHURCH
310 Route 137
Harwich, MA 02645-1361
(508) 432-5172



UPDATES FROM URUGUAY

Joanna's June Newsletter

A QUICK REFRESHER:

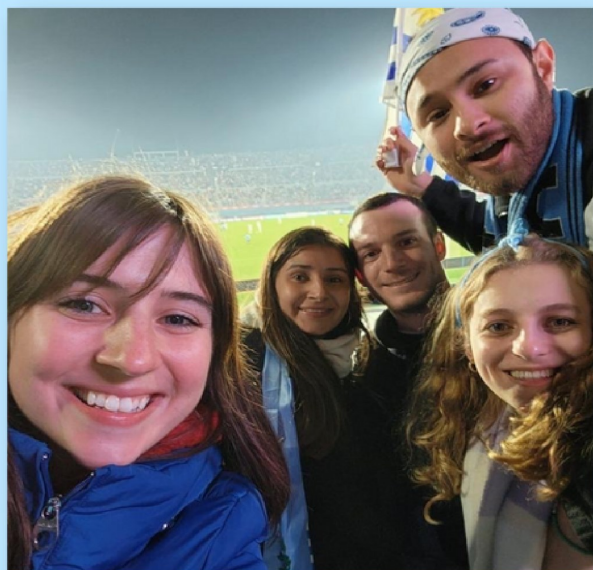
I am serving as a volunteer with the Young Adults in Global Mission (YAGM) program of the ELCA. I'm working alongside the local organization the Obra Ecu mica (The Ecumenical Project) and the Lutheran congregation of Nuestro Salvador (Our Savior) in Montevideo. As a YAGM, my mission is centered around the idea of accompaniment, which emphasizes the fact that we don't need to bring God to the communities we're walking alongside because God is already there.

It's hard to believe that my volunteer service in Uruguay has already come to an end. In fact, the program ended almost exactly a month ago, but I've waited to write this final newsletter for several reasons. Primarily, I wanted time to reflect on the end of the year and how it really feels to leave behind everything and everyone I had come to know over the past 10 months. Additionally, I spent several weeks travelling, taking my time as I worked my way home. I wanted to enjoy this time travelling and experience other parts of Latin America without stressing about getting my newsletter written in time or spending several hours on my laptop writing. After all this, I'm now ready and happy to share this final newsletter with all of you as I reflect on my last month in Uruguay and how it feels to leave my community.

My last month was filled with a lot of lasts, but also with some of the most positive memories that I have from my entire period of volunteer service. I started the month by creating an "Uruguay bucket list" of places I wanted to see, things I wanted to do and foods I wanted to eat before leaving the country. I'm glad to say that I was able to check most of these items off the list. I visited the National Museum of Art, where I enjoyed seeing a diverse mix of paintings and sculptures from Uruguayan artists, walked through a zoo with free-roaming peacocks and flamingos, and watched Uruguay's national soccer team win a friendly game against Nicaragua.

June was a month of many celebrations – for both me and Uruguay. Uruguay won the Under 20 World Cup, and many people took to the streets after the game, honking car horns and waving Uruguayan flags. I also attended the traditional Brazilian festival Festa Junina, complete with costumes, games, and a large bonfire (Uruguay borders Brazil and many of its customs and traditions are influenced by Brazilian culture and/or carried on by Brazilian immigrants).

On a more personal level, I attended several goodbye parties and send-off worship services, some of which were held for me and the other volunteers from my program and others for friends - volunteers from other countries who did similar



Above: supporting Uruguay with friends at a soccer game; Below: the Obra Ecu mica

UPDATES FROM URUGUAY

Joanna's June Newsletter

church-related volunteer programs with different denominations. The congregation of Nuestro Salvador, the church that I attended while in Uruguay, held a send-off worship service and coffee hour for the other volunteer from my program and me. During the coffee hour, several members of the congregation shared positive memories and affirmations with us, sending us off with well wishes. A few days later, the Obra Ecumenica held a small goodbye party for a different volunteer and me and they presented each of us with mug with pictures of us at work at the Obra printed on it. I also had a goodbye party with the students who lived in the student home with me. We enjoyed making pizza together and teaching each other card games – I learned some classic Uruguayan games and then taught them one of my family's favorite games.



The goodbye dinner with my roommates

These send-offs and goodbyes made me feel like an honored and cherished part of the community. The thoughtful reflections that the congregation shared, the kind and personalized gift from my volunteer organization and the interest that my roommates shared in learning new games are some of the most positive memories that I have from each of these communities. These actions made me feel valued, included and loved. In some ways, this felt bittersweet because throughout

the year I yearned to feel like I was truly welcomed into a tight-knit community, but had a hard time feeling that I really fit in – not necessarily because I was an outsider, but because none of these communities are particularly tight-knit themselves. Instead of lamenting that I didn't have more positive experiences of community earlier in the year, I'm grateful that these shared moments of joy at various goodbye parties gave me a chance to end on a high note and leave with happy memories.

One of the questions that I was asked a lot in my final weeks was how I felt about leaving and whether I was ready for my volunteer service to be over. I answered that I wasn't ready to leave, but that I was ready to go home. One month later, this answer is still true – although I am very grateful for my time in Uruguay and everything that I learned, I am ready to be home, to return to my home community, and to take my next steps.

Thank you to each of you for all the ways that you supported me on this journey. Saying goodbye and returning to the United States was so much easier knowing that there are so many people who support me and were ready to welcome me home.

With a fellow volunteer at the "letters of Montevideo"



Through the Lens of Science with Doug...

Doug Kenney is a retired science teacher who lives at Regal Care of Harwich and joyfully shares a monthly newsletter article with us. Call him at 508 430-6309. September 2023

Elementary Chemistry for Everyone

The composition of matter in the universe is based on just a little over one hundred elements. The common ones range from hydrogen to lead numbered 1 – 83. This column deals with a few elements we're most used to in material and living organisms.

Hydrogen is the smallest, lightest and most active of all the elements. In its natural state, it exists as a gas always seeking to chemically combine with other elements such as oxygen to form water. Oxygen is the most abundant element and without its presence in the air, our demise would occur in about one minute! Besides the air we breathe, about 50% of the earth's crust is composed of oxygen in the form of silicon dioxide (sand). Over twenty million tons of nitrogen occurs over every square mile of the Earth, and it's an essential constituent in the proteins of all living organisms.

As an element, carbon can either be graphite or formed under high pressure as a diamond. Numerous compounds contain carbon such as carbon dioxide and limestone. All forms of coal contain carbon, hydrogen, and oxygen. Sodium is a very active element that combines easily with numerous elements such as chlorine when table salt (NaCl) is formed.

Aluminum is the third most abundant element preceded only by oxygen and silicon. Sulfur occurs freely in nature especially during volcanic activity, and it's found in compounds containing iron and lead. Iron is used for the construction of many materials, but it needs to be alloyed with other elements to make it as hard as steel. By itself, iron is soft and malleable.

Lead is a very dense, soft, bluish, metallic element used to make solder and bullets. Galena (PbS) is a good ore of lead, because sulfur can easily be melted away from the lead.

The native elements are copper, silver, platinum, gold and mercury. Copper is a metallic conductor of heat and electricity and is used to make wiring and statues. Silver is a metallic, ductile element used in dentistry and electrical components. Gold is a soft, yellow and malleable element used as an international monetary standard. Mercury is a poisonous, silvery-white liquid metal used to make thermometers and heading control devices.

These are just a few common elements we deal with. God, however, uses all of the 108 elements for creations across the universe!

September Birthdays and Anniversaries

SEPTEMBER BIRTHDAYS



- 1 Carol Vrlik
- 2 Jayne Padgett
- 4 Connie Hackbarth
- 6 Jane Wordsworth
- 10 Trish Crocker
- 10 Natalie Timme
- 15 Nick Copoulos
- 19 Elaine Davis
- 19 Linda Merriam
- 20 Kayleigh Sontag
- 22 Russell Peterson
- 22 Patricia Anderson
- 23 James Sandison
- 23 John Ritz
- 23 Ben Rounseville
- 27 Al Stello
- 28 Ken Thomas

Update
your information in
St. Peter's Directory!

If you have any changes or if we don't have your birthday or anniversary listed, please send to:

Office@StPetersCapeCod.org

SEPTEMBER ANNIVERSARIES



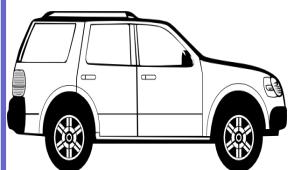
- 9 Ralph and Cheryl Nixon
- 17 Karen and Charlie Beggs
- 26 Russ and Svea Peterson

Flowers are placed at the altar to the glory of God on a woman's 75th birthday.



If you know someone with this special day coming up, please let us know.

Car Request



St Peter's custodian Rebecca Catron is looking for a used or donated car that she can use to get back and forth to work, shopping, etc. If you know of a car, please reach out to Rebecca at: 508-776-0787.

HEALTHY TRANSITIONS
RESOURCES FOR HEALTHY TERMINATION OF CALL

Covenant for Congregations

It has been our privilege to support the mission and ministry of the Reverends Christian G. N. Holleck and Tiffany L. Nicely Holleck as Co-Pastors of Saint Peter's Lutheran Church of Cape Cod at 310 Route 137, Harwich, Massachusetts.

In prayerful conversation with Co-Pastors Christian and Tiffany Nicely Holleck, the Congregation Council, on behalf of the congregation, has discussed the Healthy Transitions policies and expectations of the New England Synod of the Evangelical Lutheran Church in America, and we enter into the following Covenant.

We agree:

- to pray for the ongoing mission of our congregation and for our rostered leadership;
- to respect the terms of the attached Covenant for Departing Ministers;
- to incorporate both Covenants in the minutes of a called Congregation Council meeting;
- to communicate to the congregation, in writing and conversation, the terms of the Covenant, which terminates this rostered relationship;
- to refrain from asking our former Co-Pastors to perform ministerial services, including baptisms, weddings, funerals, anniversaries, visiting the sick and homebound, etc., and to remind members to refrain from making similar requests of our departing Co-Pastors;
- to show respect and regard for our new pastor (temporary or successor) by supporting them in performing their duties as called, and to encourage parishioners to seek ministry services from our new pastor;
- to celebrate what will be as we honor what was.

It is understood that this Covenant does not affect or require termination of friendships with individuals who are members of this congregation.

Signature of President: Juliet Bousfield Date: 8/22/23

Witnessed by Co-Pastor: Tiffany Nicely Holleck Date: 8/22/23

Witnessed by Co-Pastor: Christian G. N. Holleck Date: 8/22/23

Describe how shared with congregation, including dates:

September and October newsletters, with hard copies available at the church in September.

**HEALTHY TRANSITIONS
RESOURCES FOR HEALTHY TERMINATION OF CALL**

Covenant for Departing Rostered Ministers (Not Retiring)

It has been my privilege to support the mission and ministry of Saint Peter's Lutheran Church of Cape Cod at 310 Route 137, Harwich, Massachusetts as Co-Pastor.

In prayerful conversation with the Congregation Council of Saint Peter's Lutheran Church of Cape Cod, I have discussed the Healthy Transitions policies and expectations of the New England Synod of the Evangelical Lutheran Church in America, and I enter into the following Covenant.

I agree:

- to pray for the ongoing mission of the congregation and for their new pastor;
- to respect the terms of the attached Covenant for Congregations;
- to communicate to the congregation, in writing and conversation, the terms of the Covenant, which terminates this ministry relationship;
- to not be involved in any leadership or advisory role (public or private) in this congregation and to refrain from behaviors that seek in any way to control the transition process, including any attempt to influence the choice of a successor;
- to refrain from language or behavior that could undermine the development of the relationship between the congregation and a new pastor (temporary or successor);
- to not support or give advice to anyone involved in a congregational disagreement;
- to refuse requests for ministerial services made by members of the congregation, including baptisms, weddings, funerals, anniversaries, visiting the sick and homebound, etc., except as invited by the current rostered minister(s), and to consult with the current rostered minister(s) regarding attendance at worship and special events;
- to encourage my spouse to support me in maintaining this Covenant and to support the ministry of the congregation's new rostered minister(s).

It is understood that this Covenant does not affect or require termination of friendships with individuals who are members of this congregation.

Signature of Co-Pastor: Christina G. N. Doherty Date: 8/22/23

Witnessed by President: Juliet Bongfeldt Date: 8/22/23

Describe how shared with congregation, including dates:

September and October newsletters, with hard copies available at the church in September.

**HEALTHY TRANSITIONS
RESOURCES FOR HEALTHY TERMINATION OF CALL**

Covenant for Departing Rostered Ministers (Not Retiring)

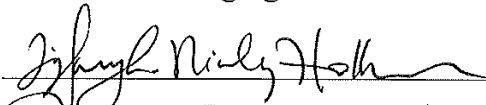
It has been my privilege to support the mission and ministry of Saint Peter's Lutheran Church of Cape Cod at 310 Route 137, Harwich, Massachusetts as Co-Pastor.

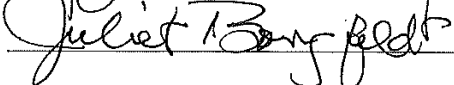
In prayerful conversation with the Congregation Council of Saint Peter's Lutheran Church of Cape Cod, I have discussed the Healthy Transitions policies and expectations of the New England Synod of the Evangelical Lutheran Church in America, and I enter into the following Covenant.

I agree:

- to pray for the ongoing mission of the congregation and for their new pastor;
- to respect the terms of the attached Covenant for Congregations;
- to communicate to the congregation, in writing and conversation, the terms of the Covenant, which terminates this ministry relationship;
- to not be involved in any leadership or advisory role (public or private) in this congregation and to refrain from behaviors that seek in any way to control the transition process, including any attempt to influence the choice of a successor;
- to refrain from language or behavior that could undermine the development of the relationship between the congregation and a new pastor (temporary or successor);
- to not support or give advice to anyone involved in a congregational disagreement;
- to refuse requests for ministerial services made by members of the congregation, including baptisms, weddings, funerals, anniversaries, visiting the sick and homebound, etc., except as invited by the current rostered minister(s), and to consult with the current rostered minister(s) regarding attendance at worship and special events;
- to encourage my spouse to support me in maintaining this Covenant and to support the ministry of the congregation's new rostered minister(s).

It is understood that this Covenant does not affect or require termination of friendships with individuals who are members of this congregation.

Signature of Co-Pastor:  Date: 8/22/23

Witnessed by President:  Date: 8/22/23

Describe how shared with congregation, including dates:

September and October newsletters, with hard copies available at the church in September.

September 2023 at St. Peter's

Room Guide: CR Conference Room DN Downstairs Narthex FH Fellowship Hall FP Food Pantry LR Luther Room N Narthex						
3	9:30a Worship Sanctuary 11:15 a Worship Sanctuary	4 Labor Day Office Closed. 9a Monomoy Bridge FH 1p CLOSED Loaves & Fish FP	⁵ 8:10a Sojourners Pkg Lot 11a Staff Mtg CR 12:30p Monomoy Bridge FH 2p Broad Reach Grief Group LR 2p Bell Choir S; 3p Choir S 3:30p Loaves & Fish FP	6 11a Worship at Victorian 11:30a Kathy's Bridge FH 12:30p Loaves & Fish FP 7p Women's Bible Study LR Z	7 10a Staff Support Meeting 2p Pleasant Bay Worship 3p Stewardship Team CR	8 Church office closed 10a Loaves & Fish FP 12p Monomoy Bridge FH
						9 11a Wedding Rehearsal S 4p SMMC Worship, Sanctuary
10	9:30a Worship Sanctuary 11:15 a Worship Sanctuary 3:30p Wedding Sanctuary	11 9a Monomoy Bridge FH 1p Loaves & Fish FP 1:30p JustPeace Meeting LR	¹² 8:10a Sojourners Pkg Lot 10a Centering Prayer S 11a Staff Mtg CR 12:30p Monomoy Bridge FH 12:30p Esther Circle LR 2p Broad Reach Grief Group LR 2p Council Officers CR 2p Bell Choir S 3p Choir S 3:30p Loaves & Fish FP 6:30p N.A.M.I. LR	13 11:30a Kathy's Bridge FH 12:30p Loaves & Fish FP 7p Women's Bible Study LR Z	14 7p Chatham Chorale S 7p PSALM Meeting LR	15 Church office closed 10a Loaves & Fish FP 1:30p Prayer Shawl LR 5p Farewell Dinner for Pastors FH
						16 4p SMMC Worship, Sanctuary
17	9:30a Worship Sanctuary & Farewell Reception	18 9a Monomoy Bridge FH 1p Loaves & Fish FP 4:30p Faith Family Kitchen 5p Girl Scouts FH	¹⁹ 8:10a Sojourners Pkg Lot 11a Staff Mtg CR 12:30p Monomoy Bridge FH 2p Broad Reach Grief Group LR 2p Bell Choir S 3p Choir S 3:30p Loaves & Fish FP 6p Council Meeting FH	20 11:30a Kathy's Bridge FH 12:30p Loaves & Fish FP 4p Y.O.H. Board Meeting LR	21 1:30p Sacred Sorrow LR	22 Church office closed 10a Loaves & Fish FP 12p Monomoy Bridge FH
						23 8a Cape Cod Christian Academy Yard Sale, Parking Lot 4p SMMC Worship, Sanctuary
24	9:30a Worship Sanctuary 11:15 a Worship Sanctuary	25 9a Monomoy Bridge FH 1p Loaves & Fish FP	²⁶ 8:10a Sojourners Pkg Lot 10a Centering Prayer S 11a Staff Mtg CR 12:30p Monomoy Bridge FH 2p Broad Reach Grief Group LR 2p Bell Choir S 3p Choir S 3:30p Loaves & Fish FP 6p Council Meeting FH Z	27 11:30a Kathy's Bridge FH 12:30p Loaves & Fish FP	28 10a Pastoral Care Team Mtg LR	29 Church office closed 10a Loaves & Fish FP 12p Monomoy Bridge FH
						30 9:30a Standish Woods Annual Meeting FH 11:00 am Frank Duben Memorial Service S N 4p SMMC Worship, Sanctuary