

ST. PETER'S LUTHERAN CHURCH

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April 2024

The Network

St. Peter's Lutheran Church

APRIL 2024

Phone: 508-432-5172

Email: Office@StPetersCapeCod.org

Website: www.StPetersLutheranCapeCod.org

St. Peter's Lutheran Church

The Network

APRIL 2024 Issue

DEADLINE

for submissions to the
MAY 2024 Issue
is April 15, 2024

ST. PETER'S MISSION STATEMENT

Centered in Christ and empowered by
God's Spirit, we love, grow and serve.

Our core values:
Christ-centered
Open-minded
Caring
Welcoming
Generous

The church
office is closed
on Monday,
April 1 for
Easter Monday.

Interim Minister
Pastor Roger Dennis
Pastor@stpeterscapecod.org

Minister of Music
Craig S. Tocher
Ministerofmusic@stpererscapecod.org

Ministry Administrator
Susan Madigan Kiehnau
office@stpeterscapecod.org

Operations Administrator
Ann German
businessoffice@stpeterscapecod.org

2024 Financial Staff:

Suzanne Bassett, *Treasurer*
assistanttr@stpeterscapecod.org

Lois Thomas, *Financial Secretary*

Lynn Hatch, *Assistant Financial Secretary*

2023 Church Council:

Juliet Bongfeldt,
President
Cathy Samples,
Vice President
Tony Esposito
Secretary
Suzanne Bassett
Treasurer
Keeton Arnett
Aline Glifort
Kathy Glifort
Chris Janson
Paul Luciano
Rodney Schuller
Jane Wordsworth



OFFICE HOURS
9 am to 3:30 pm
Mondays - Thursdays



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Affirmation of Welcome

Welcome to new visitors and old friends.

We are a Reconciling in Christ congregation and strive to welcome people of every age and size, color and culture, every sexual orientation and gender identity, socioeconomic status, marital status, ability and challenge.

Welcome to believers and questioners, and to questioning believers. Welcome to all who seek Christ's love and grace.

This is a place where you are welcome to rejoice and lament, seek healing and offer service. Welcome in the name of Jesus.

Website:

www.StPetersLutheranCapeCod.org

Office email:

Office@StPetersCapeCod.org
Church Phone: 508-432-5172

Pastoral Perceptions

As I write these words, I reflect upon the momentary “uncertainties.” Will the sanctuary construction be completed by Easter? Will we worship upstairs or downstairs? How was the information meeting regarding the findings of the Congregational Assessment Tool (CAT) received?

However, in the midst of our “uncertainties,” one major certainty is both comforting and provides stability. Jesus has risen. Jesus is alive. Jesus is in the midst of us. Even in the midst of the more significant uncertainties of life, such as health issues, loss of loved ones, economic uncertainty, etc., we have the promise that we are loved and matter to God. Easter is not a time in the past. Easter is daily. Though we struggle, we often fall (sin). However, thanks be to God, we arise anew numerous times daily (forgiveness).

Life is not black and white. More often than not, it is similar to a heavy fog. Life is frequently challenging, but Easter is the promise that God is with us. Thus, we can do more than “survive,” but “thrive” in the midst of the uncertainties that surround us. Amen.

Pastor Roger Dennis
Interim Pastor

Transition Happenings

The Transition Phase is progressing well. Highlights of the CAT results were shared with the congregation on Sunday, March 17, 2024. The documents are available on the church website in the Members’ section. Any questions on this information may be emailed to the church office, and they will be forwarded to the Transition Team for a reply.

The next step in our process is “The History of St. Peter’s” event which will be held on Sunday April 14, 2024. Pastor Jane Shields will facilitate this fun afternoon where we will celebrate our past and discern our path forward. A catered lunch from Ring Brothers Market will be served immediately after the worship service.

Please mark your calendars and plan to attend. The meeting will be available to those watching from home either by live-streaming or through Zoom after the worship service (TBD). Contact any member of the Transition Team with questions as we continue our journey together.

Transition Team Members: Claudia Bellis, Elaine Davis, Kathy Glifort, Jim Merriam, Ken Thomas, and Jane Wordsworth

Submitted by Claudia Bellis

Ushers Needed!! As we get ready to move back into the Sanctuary after construction, we'd like to start passing the collection plate again during worship services. We need ushers to make this small action happen. The sign-up is on the narthex table.

Second Service Continues on First Sunday, Once a Month

Our second service meets on the first Sunday of the month at 11:15 am. This service has a focus on healing. We'll hold this service on April 7, May 5, June 2, and July 7.



Food Pantry Update

Loaves and Fish Pantry

Monday: 1:00 - 3:00 pm **Tuesday:** 3:30 - 5:00 pm
Wednesday: 12:30 - 2:30 **Friday:** 10:00 am - 12:00 pm

The Loaves and Fishes pantry continues to reap the benefit of Pastor Dennis and Barbara's Lenten Challenge. It has been so nice to offer a wider variety of items and keep our shelves stocked. Some of you are very good at spotting some great sales, so we hope that we will continue to see shoppers taking advantage of digital deals, BOGO promotions, and markdown items throughout the year.

Our Sunday School may be small in numbers, but the children have big hearts. They are making Easter cards to pass out along with the sweet treats that have been collected. A shout out to all who donated or made cards. We were also able to give out over a dozen Easter Egg Decorating Kits to our families, and The Lower Cape Outreach Council received a donation of grocery gift cards. Our clients will be receiving a pleasant surprise just in time for Easter.

January and February are our quietest months, but March has already seen a substantial increase as seasonal workers return. We estimate that we will be filling about 60-75 more bags of groceries this month and can't even predict what April and May will be like. Thanks for holding your paper bags, but we are definitely going to need them. You can put them in the donation barrels anytime.

The pantry will be closed on Patriots' Day, Monday, April 15.

St. Peter's Food Pantry Coordinator

Email: Ruth Brenneman at thomasbrenneman41@comcast.net

ORGAN UPDATE

(1) Pipes for Praise Update:

Good news! We have raised an additional \$6,720 in donations to the Organ Fund as of March 18. Thank you to those givers for their generosity! With matching funds of up to \$15,000 pledged by an anonymous donor for donations received in March and April, that means a total of \$13,420 has been made so far this month towards the new organ. The grand total raised to date for the new organ is over \$339,000. We still need to raise about \$54,000 towards our goal, and there is still over \$8,000 available in matching funds for donations made in March and April. If you can give again, give for the first time, or want to complete a pledge made last year, please bring your donation to the church office, place your donation in the offering plate, or give online at the website: <https://app.onechurchsoftware.com/stpeterscc/egiving> or use the QR Code below. There are also Organ Fund giving envelopes in the Narthex.



With gratitude, the Pipes for Praise Team:

Karen Beggs, Peg Flood, Kathy Glifort, Gayle Olson, Fay Sargent, and Craig Tocher

(2) With Respect and Gratitude, PACT Update

The sanctuary renovations are now complete, and we await the arrival of the pipe organ. The Planning and Construction Team (PACT) will soon disband, but before its members disperse, the team recognizes that one task remains: In particular, the team thanks not only the donors and others who supported the current work, but also the early members of the church who built the pulpit, altar railing and other structures that have been replaced.

Few of us on the PACT knew firsthand the artisans who crafted the handsome oak structures, but all of us came to know and respect these St. Peter's builders through their handiwork. These were gifted, exacting, patient and without doubt, reverent individuals who with their hands created woodwork of substance and beauty. And for over forty years, the congregation has been uplifted and supported by their labors. The St. Peter's craftsmen who designed, built or assisted in the installation of some items now removed, such as the pulpit, and other woodwork that remains, such as the walnut cross, include Oiva Suominen, Sten Tullberg, Allen Ortendahl, Herbi Glifort and Bob Emerson. The members of the PACT - Lynn Archambault, Rich Archambault, Juliet Bongfeldt, Paul Bongfeldt, Carolyn Coomber, Rodney Schuller, Alice Vaughn, Jim Wordsworth and I - applaud these artisans for their beautifully crafted gifts to the congregation.

Tony Esposito

St. Peter's Ministries

PRAYER SHAWL MINISTRY



*Prayer Shawl
Ministry*

Thank you to those who have been anonymously placing prayer shawls in the office and downstairs on the shelves. They are greatly appreciated!

The St. Peter's Prayer Shawl ministry will meet on Friday, April 5 and Friday, April 19 at 1:30 pm in the Luther Room. Please join us for prayerful work and pleasant company.

ESTHER CIRCLE

The Esther Circle will meet on Tuesday, April 9 at 12:30 pm in the Luther Room. As part of the meeting, we will continue to discuss The Gift of Years by Joan Chittister.

During April and until Rachel's Day in May, we will collect new stuffed animals, "fidgets," and craft items to be donated to Children's Cove, a nationally accredited child-friendly facility that provides services to child victims of abuse. If you'd like to know more about this child advocacy center, please check out their website, childrenscove.org.



SACRED SORROW



Sacred Sorrow

"Grief is neither a problem to be solved nor a difficulty to be overcome. It is a sacred expression of love; a sacred sorrow."

The St. Peter's ministry for bereaved parents will meet on Thursday, April 18 at 1:30 pm in the Luther Room.

If you have had the misfortune to suffer the death of a child, please join us. The age of your child doesn't matter, nor how long ago your loss occurred. Although each story is unique, it truly helps to be with others who understand your journey and if you are further along on yours you may help someone else who is more recently bereaved.

For more information about the Prayer Shawl Ministry, Esther Circle, or Sacred Sorrow, please contact Marianne O'Boyle at 508-775-2757 or marianne@o Boyle.net.

P.S.A.L.M.
People Sharing and Loving More

PSALM will hold its Annual Diaper Drive for A Baby Center in Hyannis during the month of May. A "pack-n-play" will be set up in the narthex for the collection. There will be a list of items requested and envelopes for making a monetary donation. The collection will end on May 26 so the items can be delivered to the Baby Center the following week. Please see a member of PSALM if you have questions regarding the drive.

PSALM would also like to thank members of the Congregation for supporting the Cranberry Fair. We have received many thank-yous from the schools that received the gift bags. Several of the notes talked about the gift bags giving the families hope and feeling less alone during the Christmas Season.

Our next meeting will be on Thursday, April 11 at 7:00 pm in the Luther Room.



Dulcimer Fellowship

In April, the Dulcimer Fellowship Group will meet on the first Thursday, April 4 at 4:00 pm, and the third Sunday, April 21 at 10:45 am.

Just a reminder: if these dates don't work for you and you'd like a 'private lesson,' please let MJ Pattison know and we'll find a mutually good time. MJ Pattison mjpattison@gmail.com



Camp Calumet April Retreats

• Midweek Retreat for Adults

From Monday afternoon, April 22 through Thursday, April 25 lunch, Camp Calumet is hosting a midweek adult retreat. Meet new and old friends, enjoy God's creation and fantastic food, experience devotions and worship with Deacon Judy Smith and music with Gary Benevides, create in the new Pippi Art space, and opt to travel on the new "no cost" bus with stops in MA, or travel on your own.

• Grief, Wonder, Hope

From April 28-30, Calumet will be gathering folks from all over for a Sunday through Tuesday retreat that will engage participants in some valuable programming related to God's people who experience **GRIEF**... providing space for **WONDER** as a way of processing ... and reminding ourselves that God's people are wired to look for **HOPE** -- even when we're in the pit. This retreat will be a very good fit for anyone who is looking for a safe place, a safe community, and safe leaders who want to provide help and share time in the journey.

To register or learn more, call Alice at 603-539-4773, x220,
or email her at: alice@calumet.org.



Voices of Migrants



The Refugee Support Team of Nauset Interfaith Association is continuing their series about migrants who seek a better future. You can hear from:

- (1) Haitian community members on **Saturday, April 13 from 2 to 4 pm** at the Brewster Ladies Library, 1822 Main Street, Brewster, and
- (2) Brazilian community members on **Saturday, May 18 from 2 to 4 pm** at the Orleans United Methodist Church, 73 Main Street, Orleans.

LOCAL GRIEF SUPPORT GROUPS

- Run by Broad Reach Hospice's bereavement coordinator, Rebecca Chesbro, this grief support group is open to anyone grieving the loss of a spouse. It meets on the first and third Tuesdays at 2 pm in the Luther Room at St. Peter's.
- The Northside United Methodist Church, 701 Airline Road, Brewster, has a grief support group at their church for all who are experiencing some type of grief that meets on the second and fourth Wednesdays at 2 pm.

Through the Lens of Science with Doug...

Doug Kenney is a retired science teacher who lives at Regal Care of Harwich and joyfully shares a monthly newsletter article with us. Call him at 508 430-6309. April 2024

Oxygen's Vital Role

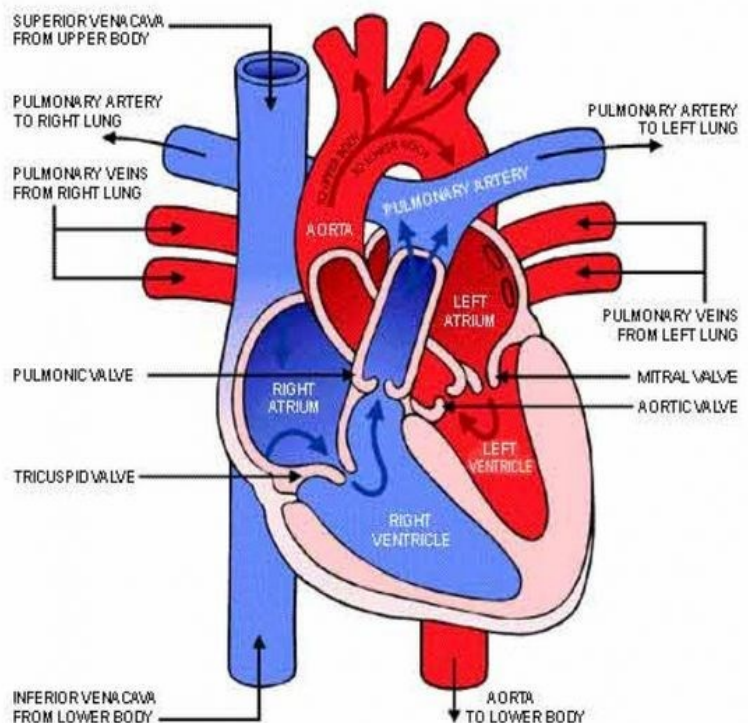
Although inhaling oxygen is taken for granted by many people, it's a very vital function. Humanity can not survive without it, and inhaling is not even a conscious requirement unless one needs to take a deep breath of air. When we inhale, our lungs oxygenate our blood. Blood without oxygen flows from the heart's right ventricle through pulmonary arteries to capillaries enriched with membrane in your lungs. Here, blue blood gets oxygenated into red blood that's then sent to the heart's left ventricle to be pumped through upper and lower aortas. This oxygen-rich blood circulates through the entire body in one minute! It amazes me that anyone can take this phenomenon for granted. It is a gift from God!

Body cells use oxygen to transfer energy stored in food to a usable form. This process, called cellular respiration, allows our cells to harness energy to perform vital functions such as powering both voluntary and involuntary muscles such as the heart. Oxygen also helps move materials in and out of our cells trapping dust and foreign matter. Oxygen helps regulate body temperature, and it can react with natural elements such as sodium and potassium to generate healthy compounds.

Without oxygen in your body, cells can function for only a limited time. Long-term depletion leads to cell death. The air in our atmosphere is 4/5 nitrogen and 1/5 oxygen, so does that mean we inhale both nitrogen and oxygen? Oxygen is heavier than nitrogen so it descends to the low levels of our atmosphere for our breathing pleasure. If nitrogen was the heavier of the two elements, God knows what a predicament that would be!

How Blood Flows Through a Healthy Heart

This diagram shows how blood flows through a healthy heart.





Our 9:30 am Sunday in-person worship
is live streamed on our YouTube channel:

<https://www.youtube.com/c/StPetersLutheranChurchHarwich>

THANK YOU NOTES AND LETTERS



Thank You Notes to St. Peter's:

- Ascentria Care Alliance, gift of \$150
- Camp Calumet, gift of \$300
- World Central Kitchen (WCK) for \$100

Thank you all for your generosity so that
we could support these organizations!

Dear St. Peter's,

*Thank you so much for your
thoughtfulness and prayers
and the prayer shawl. All
helped me feel supported
and comforted as I work to
heal and get strong.*

*Barbara
(Glendinning)*

What a Community!!

Following my recent hip surgery, I was exposed to the loving warmth and concern of our St. Peter's community. From warm greetings conveyed through Alice to personalized messages via cards, I heard of your specific wishes for me. Perhaps the most welcome and appreciated expression of love was the prayer shawl I received in the hospital. As it was placed over me I truly felt that unique St. Peter's love and warmth for the first time in a very personal way, like your caring hands were laid on me.

Thank you sincerely.
PEACE LOVE
Bill Vaughan

April Birthdays & Anniversaries

APRIL BIRTHDAYS



John Zippo turned 100 on March 2. We celebrated at St. Peter's with a cake for him on March 3.

- 3 Henry Ritz
- 6 Gayle Olson
- 7 Marie Strojny
- 11 Kayla Jolibois
- 12 Daniel Campanaro
- 13 Gayla Bergman
- 13 Cynthia Horgan
- 14 Abigail Meyer
- 14 Kimberly Ilg
- 15 James Michaels
- 17 Jim Merriam
- 18 Ruth Brenneman
- 20 Lynne Meyer
- 22 Eleanor Meyer
- 22 Cynthia Meyer
- 22 Peter Goode
- 22 Susan Kiehna
- 25 Claudia Bellis
- 29 Ralph Nixon

APRIL ANNIVERSARIES



- 8 Peter and Ellen Goode
- 12 John and Jayne Padgett

Update your information in St. Peter's Directory!

If you have any changes or if we don't have your birthday or anniversary listed, please send to:

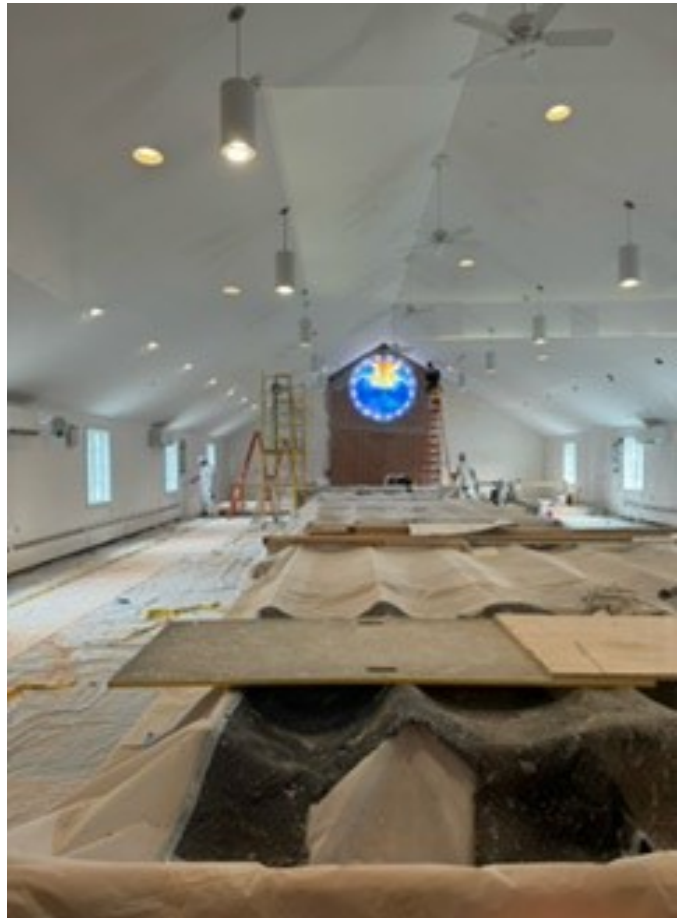
Office@StPetersCapeCod.org

Flowers are placed at the altar to the glory of God on a woman's 75th birthday.

If you know someone with this special day coming up, please let us know.



**SANCTUARY
CONSTRUCTION
PROGRESS:
It's almost done!!**



April 2024 at St. Peter's

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Room Guide: CR Conference Room DN Downstairs Narthex FH Fellowship Hall FP Food Pantry LR Luther Room N Narthex S Sanctuary Z Zoom	1 Easter Monday: Office Closed 9:30a Monomoy Bridge FH 1p Loaves & Fish FP 6p Men's AWOL LR 7p Girl Scouts FH	2 8:10a Sojourners Pkg Lot 9:30a Staff Meeting, CR 12:30p Monomoy Bridge FH 1p Bell Choir Sanctuary 2:00p Choir Sanctuary 2p Broad Reach Grief Group LR 3:30p Loaves & Fish FP	3 12:30p Loaves & Fish FP 1p Kathy's Bridge FH	4 10a Staff Support Mtg CR & Z 4p Dulcimer Fellowship Group LR	5 Church office closed 10a Loaves & Fish FP 12:30p Monomoy Bridge FH 130p Prayer Shawl LR	6 10a Women's Bible Study LR 4p SMMC Worship, Sanctuary	
7 9:30a Worship, Sanctuary 10:45a Rev. Pattison's Sunday School Class, Luther Room 11:15 a Healing Service, Sanctuary	8 9:30a Monomoy Bridge FH 1p Loaves & Fish FP 5p Girl Scouts FH 6p Men's AWOL LR 7p Girl Scouts FH	9 8:10a Sojourners Pkg Lot 9:30a Staff Meeting, CR 10a Centering Prayer, SMMC office 12:30p Esther Circle 12:30p Monomoy Bridge FH 1p Bell Choir Sanctuary 2p Choir Sanctuary 3:30p Loaves & Fish FP 6p NAMI Meeting LR	10 12:30p Loaves & Fish FP 1p Kathy's Bridge FH 1:30p Council Offs. Mtg CR 4p Y.O.H. Board Mtg LR 7p Girl Scouts Leaders FH	11 10:30a Pastoral Care Team Meeting CR & Z 7p Girl Scouts FH 7pm PSALM Meeting LR	12 Church office closed 10a Loaves & Fish FP 12:30p Monomoy Bridge FH	13 4p SMMC Worship, Sanctuary	
14 9:30a Worship, Sanctuary 10:30a "History of St. Peter's" & Lunch, Fellowship Hall	15 Patriot's Day Holiday Observed 9:30a Monomoy Bridge FH 1p CLOSED Loaves & Fish FP 4:30p SPLC @Faith Family Kitchen 6p Men's AWOL LR 7p Girl Scouts FH	16 8:10a Sojourners Pkg Lot 9:30a Staff Meeting, CR 12:30p Monomoy Bridge FH 1p Bell Choir Sanctuary 1:30p Finance Com Mtg CR 2:00p Choir Sanctuary 2p Broad Reach Grief Group LR 3:30p Loaves & Fish FP 6p Council Mtg FH	17 12:30p Loaves & Fish FP 1p Kathy's Bridge FH	18 1:30p Sacred Sorrow LR	19 Church office closed 10a Loaves & Fish FP 12:30p Monomoy Bridge FH 1:30p Prayer Shawl LR	21 4p SMMC Worship, Sanctuary	
21 Home Communion Sunday 9:30a Worship, Sanctuary 1045a Dulcimer Fellowship Group, LR	22 9:30a Monomoy Bridge FH 1p Loaves & Fish FP 6p Men's AWOL LR 7p Girl Scouts FH	23 8:10a Sojourners Pkg Lot 9:30a Staff Meeting, CR 10a Centering Prayer, SMMC Office 12:30p Monomoy Bridge FH 1p Bell Choir Sanctuary 2p Choir Sanctuary 3:30p Loaves & Fish FP	24 12:30p Loaves & Fish FP 1p Kathy's Bridge FH	25 7p Girl Scouts FH	26 Church office closed 10a Loaves & Fish FP 12:30p Monomoy Bridge FH	27 4p SMMC Worship, Sanctuary	
28 9:30a Worship, Sanctuary	29 9:30a Monomoy Bridge FH 1p Loaves & Fish FP 5p Girl Scouts FH 6p Men's AWOL LR 7p Girl Scouts FH	30 8:10a Sojourners Pkg Lot 9:30a Staff Meeting, CR 12:30p Monomoy Bridge FH 1p Bell Choir Sanctuary 2:00p Choir Sanctuary 3:30p Loaves & Fish FP					